



## PROMOTERS AND ORGANIZERS

#### PROMOTER - INTERNATIONAL TAEKWON-DO FEDERATION (ITF)



#### ORGANIZER - BULGARIAN TAEKWON-DO ITF FEDERATION



www.itfbulgaria.com

The Official Website of 19th ITF Taekwon-Do World Championship 2015

19wtc.itfbulgaria.com

#### **UMPIRE COMMITTEE**

Chairman umpire ITF committee – Prof. Dato Dr. SGM Leon Wai Meng e-mail: greenlandleong@yahoo.com Deputy Chairman – SM Michael Prewett e-mail: itfwales@aol.com Deputy Chairman – SM Han Chol Jong

#### TOURNAMENT COMMITTEE:

Chairman Tournament ITF committee - GM Kim Ung Chol e-mail: sgmastertkd.kuc@gmail.com

#### IT SERVICES:

Mr. Ivan Rajtr, e-mail: rajtr@rajtr.cz

## International Taekwon-Do Federation I.T.F.



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TO: All ITF SENIOR GRAND MASTERS, GRAND MASTERS, SENIOR MASTERS, MASTERS & INSTRUCTORS, ALL ITF NGBS PRESIDENTS, ALL ITF FAMILY MEMBERS

FROM: ITF HQs

DATE: 9TH MARCH 2015

SUBJECT: WELCOME MESSAGE

Dear all ITF Senior Garand masters, Grand masters, Senior Masters, Masters and Instructors,
Dear all ITF NGBS Presidents,
Dear all ITF family members,

As President of ITF, I would like to personally thank all of you for having supported my initiative as well as the decision of postal voting of ITF Executive Board meeting took place on 22<sup>nd</sup> and 23<sup>rd</sup> January 2015 to comply with emergency case for shifting the venue place of 19<sup>th</sup> ITF World Taekwon-Do Championship from Pyongyang, DPR of Korea to Plovdiv City, Republic of Bulgaria on one hand and on the other hand for spurring on the preparation for the coming event.

My special thanks go to M. Mario Bogdanov, BTF President and ITF EB Member as well as to all staff members of BTF Organizing Committee putting forth shoots for an armful figure work for its resounding successful preparations.

I welcome all our dear and respectful Taekwon-Do family members to Plovdiv City, Bulgaria, famous with its historical and cultural heritage to be one of the oldest cities in Europe. Your participation in the coming 19<sup>th</sup> ITF World Taekwon-Do Championship will be invaluable in promoting our martial arts authenticity thus honouring 60 years long history and tradition along with imperishable exploits accomplished by our beloved founder General Choi Hong Hi.

ITF HQs very much hope that all of you will take active part in the 19<sup>th</sup> Championship so as together, we glorify our 60 years old values as well as to work towards our common goal.

Once again, please allow me to welcome all of you to the Venue City of our event.









Dear Senior Grand Masters, Grand Masters, Senior Masters and Masters, Dear Presidents of ITF, NGB's and participants

It is a great pleasure to welcome the World Taekwon-Do ITF elites in city of Plovdiv.

Ministry of Youth and Sports, The Bulgarian Taekwon-Do Federation ITF and Plovdiv Municipality will do their best to make your stay in Plovdiv, Bulgaria, most convenient and enjoyable.

We are looking forward to see you all, during the 19<sup>th</sup> ITF Taekwon-Do World Championship form 24<sup>th</sup> to 30<sup>th</sup> of August 2015.



Truly yours in Taekwon-Do, MARIO BOGDANOV ITF EB member Vice President EITF President of the Bulgarian Taekwon-Do ITF Federation



#### DEAR LADIES AND GENTLEMENS



As Mayor of the oldest living city in Europe - Plovdiv, it is a great honor and pleasure to welcome you to our ancient and eternal city.



Plovdiv has long been known as the sport capital of Bulgaria. Many Olympic, World and European prizewinners have started their career in our city. In the last years the city has been holding ever higher and permanent position not only on the Bulgarian, but also on the international sport scene. In 2014 Plovdiv was nominated for European City of Sport.

It is a huge honor and pleasure for me and Municipality Plovdiv to be host of the 19<sup>th</sup> ITF Taekwon-Do World Championship for men and women. The fact that in the hall we will see champions and prize-winners from

European and World tournaments speaks for its prestige. We are also proud that among this constellation of great athletes, there also fighters from Plovdiv.

We wish all participants successful tournament and desired results, and to our guests – we hope you keep unforgettable memories from the Bulgarian hospitality.

Respectfully yours. Ivan Totev Mayor of Plovdiv Republic of Bulgaria



## ABOUT BULGARIA

The history of Bulgaria starts with the forming of the First Bulgarian Empire by Asparukh in 681 AD though previously other Bulgarian rulerships existed, but traditionally history of Bulgaria is beginning with Asparukh and union between Bulgars and Slavs at the lands of todays Bulgaria.

In 632 the Bulgars, originally from Central Asia, formed under the leadership of Kubrat an



independent state that became known as Great Bulgaria. Its territory extended from the lower course of the Danube to the west, the Black Sea and the Azov Sea to the south, the Kuban River to the east, and the Donets River to the north. Pressure from the Khazars led to the subjugation of Great Bulgaria in the second half of the 7th century. Kubrat's successor, Asparukh, migrated with some of the Bulgar tribes to the lower courses of the rivers Danube, Dniester and Dniepr (known as *Ongal*), and conquered Moesia and Scythia Minor (Dobrudzha) from the Byzantine Empire, expanding his new kingdom further into the Balkan Peninsula. A peace treaty with Byzantium in 681 and the establishment of the Bulgarian capital of Pliska south of the

Danube mark the beginning of the First Bulgarian Empire. (At the same time one of Asparuh's brothers, Kuber, settled with another Bulgar group in present-day FYR Macedonia.)

Bulgarian culture is formed by traditions of the Bulgars and to some extend Thracians, Slavic language and after Christianisation - by Orthodox Christianity, drawing from both Western European cultural traditions (19th, 20th century) and the Eastern, Byzantine and later in 19th and 20th century Russian culture.

The First and Second Bulgarian Empires formed a cultural centre in Slavic Europe with its literary schools and educators which were a major source for Slavic literature and standardization of written literary Old Slavic language.

In political aspect Bulgaria went through radical changes (kingdom, communism and later republic democracy) and lost independence twice in its history, once by the Kievan Rus' and the Byzantine Empire (1018-1185) and once by the Ottoman Empire (1396 - 1878), which introduced many challenges, esp. after the Liberation in 1878. Bulgarian Kingdom after the Liberation was seeking to restore Bulgarian institutions, give place to Bulgarian science and education (where many new models were adopted like education for women), literature (creation of modern Bulgarian literature), standardization of the Modern Bulgarian literary language, etc. During communism Bulgarian state was seeking to improve the economic situation of small towns and villages, and to reduce social class differences that emerged in the monarchy and were partially received by the social differences during the Ottoman rule, education was made economically accessible to all, but entrepreneurship was forbidden, also freedom of speech, and travel to abroad was difficult due to inner restrictions which made Bulgarians eager to abandon communism. After the events at the end of 1989 and early 1990 in the Eastern Europe Bulgaria changed to democratic republic giving place for political pluralism and freedom of speech, and free market economy. In the early 2000s Bulgaria had a government with PM the former king and son of king Boris III - Simeon Saxe-Coburg-Gotha, but monarchist sentiments didn't show strong enough for recovering monarchism, in fact Saxe-Coburg-Gotha's party formed coalition for the next government with the former communist party BSP, and currently Bulgaria is seeking for some neoliberal reforms that to both improve economy and put Bulgaria on the map of the leading in economic, cultural, educational and political aspect countries.

For more info: http://www.bulgariatravel.org/en/



## **ABOUT PLOVDIV**

Plovdiv is one of the oldest cities in Europe. It is claimed that the city is a contemporary of Troy and Mycenae, but it is more ancient than Rome, Athens and Constantinople.

Historians do not indicate the exact age of Plovdiv. In 1975 the remains of a religious building from a Cretan-Mycenaean culture are being revealed, which is equally evaluated with the discoveries in Kronos Island.



Plovdiv is famous with its historical and cultural heritage, which dated back to the Thracian times – the oldest population, for which written sources were found on the Balkan Peninsula. The Thracians had a great culture, which incorporated with other different cultures.

The development of the city is related to the era of Philip of Macedonia. It flourished in the period of heyday of the

Roman and Byzantine empires and has preserved to some extent over the years of the Ottoman Empire and reached its rise during the Renaissance.

The ancient history of the city leaves permanent marks in its architecture. Remains of Old World, Middle Ages, Renaissance and modern culture coexist entangled in the irresistible beauty of this eternal city.

Plovdiv has preserved many extremely valuable monuments, of which the most impressive are: the Roman Stadium, the Ancient Theatre, the Odeon, the magnificent colored mosaics, the Aqueduct, the walls, the remains of Thracian settlements.

Nowadays the ancient names of the city are related and interpreted in modern names of tourist facilities – hotels, restaurants, and more.

It is believed that the earliest name of Plovdiv is Kendrisiya / Kendros /. It probably came from



the cedar forests for which ancient chroniclers wrote or from Thracian tribe – kendrisi. The Thracians first established a fortified settlement on the Three Hills and called it Evmolpia or Evmolpeida. Some scientists link the origin with the Thracian hero Evmolpus or Vestal Virgins in the temples – Evmolpeya.

In 342 BC Philip II of Macedonia /or his troops/ has conquered the city. This event was followed by another change

of the name. The city was named Philippopolis, which means City of Philip. During this period, the village has grown considerably, while becoming one of the starting points of colonizing activity.

At the time of the Roman Emperor Claudius the Empire included the Thracian lands within its borders, and the city became the center of the Roman province Thrace. Again Trimontsium (means City of three hills) turned into an important center of economic and cultural life. Here taxes were being gathered, coins were being forged, glamorous buildings, aristocratic homes and impressive walls were being built. Roman era /I-VI century/ is one of the most significant periods of Old World, during which Plovdiv was described as majestic.

During the first half of the seventh century the first massive settlements of the Slavs has begun. They in coexistence with Thracians interpreted the name of the city from Philippopolis to Pulpudeva, then it was transformed into Puldin (Plavdiv) and Plovdiv.











## **REGISTRATION**

For registration purposes a closed, furnished registration room of a sufficient area will be be provided with the proper office equipment and technology.

The entry to the registration room will be controlled by the organizer service (reception desk) that sets the sequence of registration according to the arrival of the particular countries. This service regulates the number of countries to be registered according to the requirements of the officials carrying out the registration. The registration reception desk will provide also the necessary information and instructions concerning the registration.

<u>Maximum three representatives per country</u> will be allowed to enter the registration room and the registration of each country will be carry out in one course (it is not possible to register a country in separate parts). During registration the participants should avoid any loud common and private discussions and should observe the Taekwon-do politeness.

<u>No waiting for registration will be allowed within the registration room.</u> The representatives of these countries should wait in some other room (if any) provided by the organizer.

The participants in the Championship must keep and respect the office hours of registration. After these office hours (late arrival) the country has no right to register and consequently shall be deprived of the privilege to participate in the tournament.

After the end of registration the head coach must confirm the correctness of all the information mentioned in the application form with his signature. After this procedure is done, it will be possible to do changes on the application form (not the number of the competitors, but a name of an injured competitor, for example) after paying a penalty fee, determined by the organizer, for each change that should be made.

## **WEIGH IN**

Weigh in shall be carried out in the time given with the propositions in an appropriate closed room, separately for men and women, and shall be controlled by an umpire (a man for the male and a woman for the female competitors). Weighting sequence of the countries shall be done at the registration, after the completion of all payments.

On the Weigh in, the coach of each team should come with a form, signed and stamped by the organizing committee that all the registration procedures has been done, with ID cards of all competitors. The coach must show for verification ITF degrees certificates and national passports and ITF Membership Booklets of all competitors to determine their age, name and degree.

#### **Important Note:**

According to the decision of 21st ITF Congress held in Pyongyang in 2011, only the members who possess the Membership Booklet issued by ITF HQ will be eligible to take part in the 19th ITF Taekwon-Do World Championship 2015. That Membership Booklet issued by ITF HQ should be presented at registration & weigh-in.

If a team has not completed the registration procedures and failed to pay any fees, the team can not go for Weigh in.



## **ENTRANCE TO THE CONTEST AREA**

- Competitor only with ID card
- Coach only whit ID card
- Doctor (official doctor or team doctor with ID card)
- VIP (special honorary zone and seats shall be provided for the VIPs. They shall have a free entrance to the contest area only to assist in the awarding ceremonies or in special cases).
- Team photographers will not be able to enter to the contest area, they will have access only to the divisional area on the left of the awarding place.

Only privileged persons are allowed to enter the contest area. Other participants are allowed to enter the contest area <u>only</u> if asked or with the consent of the umpire or the TOC official on duty. If any participant in the contest fails to respect the directions of the umpire or of the TOC official on duty his ID card can be taken away without any recompense.

## **RULES and CONDITIONS**

The ITF Tournament & Umpire Rules shall be applied in the 19<sup>th</sup> ITF Taekwon-Do World Championship.

The ITF Tournament & Umpire Rules shall be downloaded at the ITF Website (www.itftkd.org).

Male and female individual & team competitions shall be conducted for the 5 events such as pattern, sparring, self-defense routine, special techniques and power-breaking.

Only 1 competitor per country shall compete in each category of the individual events. The competitors' Dan should be correspondent to their Dan Certificates.

Only 1 team per country shall compete in the team events. The team should be composed of 5 competitors and 1 reserve.

All the competitors competing in the sparring competitions shall have to wear the official ITF-approved Doboks and Red & Blue safety equipments according to the corner – red or blue. It won't be allowed different colours of protective gears (black, white and etc.) exept the official ones – red and blue. Competitors who don't have appropriate protective gears (red or blue) will not be allowed to enter the ring.

#### **COMPETITORS:**

#### ADULTS:

Only ITF affiliated NGBs and ITF registered black belt holders can participate in the 19<sup>th</sup> ITF Taekwon-Do World Championship.

The degree and the age of the competitors must be valid on their degree certificates and Passports.

Competitors must present their ITF Black Belt Degree card and national passport and ITF Membership Booklet at the registration.

Competitors participating at the 19<sup>th</sup> ITF Taekwon-Do World Championship must be 18-39 years old on the <u>27<sup>th</sup> of August 2015</u>, and must be 1st, 2nd, 3rd, or 4th Dan ITF black belt certificates.



#### Special technique:

	Male	Female
Flying high kick / Twimyo nopi chagi	2,8m	2,3m
Flying high turning kick / Twimyo dollyo chagi	2,5m	2,2m
Flying Reverse Turning Kick/ Twimyo bandae dollyo chagi	2,4m	2,1m
Flying Mid-air Kick – 360 degree/ Twiyo dolmyo chagi 360	2,4m	2,1m
0		
Flying overhead kick/ Twiyo nomo chagi	2,5m x	1,5m x
	70cm	70cm

Special Techniques will be performed in a way of collecting, in advance, the applications of the height/width for each item from the participants.

The competitors and teams applying for the highest or longest values for the respective item will take the priority to perform and if the winners (1st, 2nd, and 3rd place) are selected in that item, the competition will come to an end without the performances of remaining competitors and teams.

- As for the Special Technical Competitions, the individuals and teams should submit the applications for each item as same as or higher and longer than that of the competitor and team who won the 3rd place at the prior Championship.
- The top 5 competitors and 5 teams will be chosen according to the applications and the competitions will be held between those selected 5 competitors and 5 teams. The order of competitions is followed by the most sum-up of the applications for each of 5 items (Twimyo nopi chagi, Twimyo dollyo chagi, Twimyo bandae dollyo chagi, Twiyo dolmyo chagi 360°, Twiyo nomo chagi).
  - When performing Twimyo nopi chagi and Twimyo dollyo chagi, the competitors should take a run-up and jump on the kicking foot, pulling the other leg to the chest and break the target with the jumping foot while lowering the other leg.

#### Power breaking test

The competitors and teams applying for the most numbers of plastic boards for the respective item will

take the priority to perform and if the winners (1st, 2nd, 3rd place) are selected in that item, the competition will come to an end without the performances of remaining competitors and teams.

- As for the Power Breaking Competitions the individuals and teams should submit the applications for each item as same as or more than that of the competitor and team who won the 3rd place at the prior Championship.
- The top 5 competitors and 5 teams will be chosen according to the applications and the competitions will be held between those selected 5 competitors and 5 teams.

The order of competitions is as same as the Special Techniques Competitions.



Self-defense routine must consist of 1 + 3 (male hero) and 1 + 2 (female hero) competitors, not necessarily chosen out of the individual competitors.

It is the responsibility of participant to have <u>full insurance coverage</u> for all eventualities. The organizer

will not be responsible for any injuries or losses of the participants before, during and after the championships.

#### **COMPETITOR DRESS CODE:**

Only competitors who wear the Official ITF Dobok manufactured by the Sasung Company will be allowed to access the competition. If competitors would like to have the Country's name on Dobok, they are able to print it on the back under the Tree and the Competitor's Number should be below the belt on the back of the Dobok Jacket. Sponsorship logos may be on the right side of the chest at a recommended size of 10cm by 5cm. National flag may be granted to be stitched to the right sleeve on the side approximately 2cm below the shoulder seam. It will be possible to buy Sasung doboks during the championship.

#### **AWARDS FOR PARTICIPANTS:**

All participants will receive a Certificate of Participation signed by the ITF President and President of the Organizing Committee. Finalists of specified divisions and categories will receive the Diplomas and Medals.

#### **CEREMONIES:**

For the Opening Ceremony, each country must choose four representatives – two male and two female, to represent their country. The participants can wear only official team outfit.

#### **UMPIRES:**

The Organizing Committee will pay 6 night's/7 days hotel accommodation (in double room) for 60 qualified umpires selected officially by ITF Umpire Committee from 25th till 30st August 2015 (no drinks, city & international telephone calls included). The other umpires, who has not been officially selected by ITF Umpire Committee but wish to take part as umpire voluntarily in the 19th ITF Taekwon-Do World Championship, must participate in the Technical Seminar & Umpire Course organized by the ITF prior to the 19th World Championship and if he/she fails to do, then he/she can't participate. They must arrange the Hotel accommodation by their own expenses according to the arrangements detailed above.

The Umpires should stay at the hotel arranged by the Organizing Committee.

Umpires will be required to carry out their duties as scheduled.

Umpires must attend all the Umpire Meetings scheduled in the period of the event.

The ITF Umpire Committee will dismiss Umpires who do not abide by the work schedules or guidelines and such Umpires will have to pay for the hotel accommodation and meals by themselves.



Only one coach per competitor is allowed to enter the competition area during the matches. He/she must wear only sport suit, gymnastic shoes, water and towel. The coach is the only person who can make an official protest.

No more than 3 coaches will be allowed to attend the draw and the coaches meeting.

It is the participant's responsibility to have full insurance coverage for all eventualities. The organizer will not be responsible for any injury or loss for participants before, during, and after the Championship howsoever arising.

#### Transportation

Countries arriving at Plovdiv airport or Sofia airport, should inform the organizer about their schedule including arrival/departure schedule and flight numbers before 24<sup>th</sup> of July 2015, by e-mail: bft itf@abv.bq

Transportation to and from Plovdiv airport or Sofia Airport, from and to "Kolodrum" Sport Hall and the hotels will be arranged by the organizer. Without booking, no transportations are available from the organizer; subsequently own means of transportation must be made. Groups arriving by other means should proceed to the meeting point – Hotel "Novotel Plovdiv", at the designated time.

#### Visa

Countries requiring Bulgarian Visa, should contact the nearest Bulgarian Embassy. http://www.mfa.bg/15/findanembassy

The waiting period after applying for Bulgarian visa will vary according to the countries. For more specific information, please contact the nearest Bulgarian consulate or embassy, or check the Bulgarian Ministry of Foreign Affair's website http://www.mfa.bg.

Countries requiring visa invitation must send a list with the following information:

http://www.mfa.bg/uploads/files/ZaiavlenievizaEN2.doc, all the information should be sent (for all members of delegation) to the Organizer, as soon as possible and not later than 1st of July 2015 by e-mail: bft\_itf@abv.bg

#### APPLICATION FORM

#### Deadline for submitting all application forms is 24th of July 2015.

On 19wtc.itfbulgaria.com you can download the application software, after filling in, the application will enable you to send your application automatically from your computer by your Email. The photos of all participants (JPG, GIF, BMP, resolution max. 75dpi, size max 45 kB) must be put into the application software. In regards questions pertaining the application form software, please contact Mr. Ivan Rajtr - rajtr@rajtr.cz



## **ACCOMMODATION**

IMPERIAL HOTEL - Basic Package



Duration of stay	Double room per person	Single room per person	Double room per person after the deadline	Single room per person after the deadline
6 nights / 7 days	480 Euro	600 Euro	600 Euro	720 Euro
7 nights / 8 days	560 Euro	700 Euro	700 Euro	840 Euro
8 nights / 9 days	640 Euro	800 Euro	800 Euro	960 Euro
9 nights / 10 days	720 Euro	900 Euro	900 Euro	1080 Euro
Extra day	80 Euro	100 Euro	100 Euro	120 Euro

A deposit of EUR 250 per person must be paid on or before <u>1st of June 2015</u> and the Final Payments must be made in cash at the meeting point. Without deposit the Organizing committee cannot quarantee the special prices for accommodation packages.

#### Description

Hotel Imperial Plovdiv Hotel & S, Plovdiv offers 269 beds in total.

The hotel is located in the Center of The City and is close to The Antique Old Town, the Roman Theatre & The Plovdiv International Fair. It is situated in a quiet quarter but it is near to the one of the biggest City main thoroughfare - Kniaginia Maria Louisa Boulevard, where there are suitable transports to all points of the City's.

#### Located at:

- 15 minutes by walking to Downtown of the City;
- 15 minutes by walking to shopping Main Street;
- 15 minutes by walking to the Central Square of The City & Central Post Office;













**HOTEL NOVOTEL-Luxury Package** 



A deposit of EUR 250 per person must be paid on or before <u>1st of June 2015</u> and the Final Payments must be made in cash at the meeting point. Without deposit the Organizing committee cannot guarantee the special prices for accommodation packages.

The Novotel Plovdiv is the hotel of choice for visitors to Plovdiv. Business travellers enjoy the convenience of WiFi internet and ten meeting rooms. We offer a choice of three restaurants, a cafe and two bars as well as onsite parking and a heated indoor swimming pool. Close to the Maritsa River and looking out towards the gorgeous Rhodope Mountains and the Old Town, this 4 star hotel is perfect for your next holiday discovering the fascinating history and culture of this remarkable city. Spacious, contemporary in design, and adaptable, the Novotel room is truly a place for living. Perfect for all your needs.

#### Standard Room

A spacious room with King bed, en suite bath or shower, sofa bed, work area, TV with pay movies and internet access, broadband connection, hair dryer, safe and tea/coffee. Up to 2 adults and 2 children.

#### **Executive Room**

All our Superior room features with added products and services: coffee machine, Ipod docking station, extra bathroom amenities, bathrobe & slippers. Complimentary internet access, local calls and water. Up to 2 adults and 2 children.

#### Suite

Large, well-designed, the suite includes two bedrooms and a bathroom. It offers unbeatable facilities: two flat screen TV's, bath robes and unlimited access to our fitness... Up to 2 adults and 2 children.











NOTE: Countries not booking accommodation through the Organizer MUST PAY an accreditation fee of 300 EUR per person to obtain only the ID CARD.

#### Accommodation includes:

- Championships ID card
- Transportation from hotel to "ARENA ARMEEC" Sport Hall and back
- Transport from Airport to Hotel, on arrival & departure
- Full Board arrangement breakfast, lunch and dinner /no drinks included/
- Free entrance to the sport hall (only with ID card)
- Free entrance to the party on 30th August 2015
- Medical assistance during the competition days /only for competitors/
- Free entry to the Opening and Closing ceremonies.
- Comfortable and high standard double rooms
- Swimming pool no SPA
- Free Wi-Fi

#### 25<sup>™</sup> ITF CONGRESS

<u>Date</u>: 26<sup>th</sup> August 2015 <u>Time</u>: 14:00 ~ 19:30 h.

Venue: Novotel Plovdiv, "Plovdiv" hall

Participants: Up to 3 delegates per NGB may participate in the ITF Congress.

The delegates should arrive at the venue at least 30 minutes before the Congress begins.

The Awarding Ceremony will be scheduled from 14:00-14:30. All Awardeess would be sat down in the first block of the Congress Room (Specially arranged with optional decorations).

The Awarding will be done by Prof. Dr. Chang and a branch of rose-flower will be given to each awarddee by some would-be-chosen official.

A group souvenir photo will be taken following the Ceremony.

# IMPORTANT INFORMATION DEPOSITS, PAYMENTS and DEADLINES

**Entry Fee**: 90 Euro per competitor

- All the participants must pay in EURO cash for all kinds of payments.

A deposit of EUR 250 per person must be paid on or before 1st of June 2015 and the Final Payments must be made in cash at the meeting point. Without deposit the Organizing committee cannot guarantee the special prices for accommodation packages and the price will be higher per person for each accommodation day. Payments can be done ONLY by bank transfer.



1) For bank transfers please use the following account:

#### Paying by Direct Debit:

Bank Name - "CIBANK" Branch Blagoevgrad **BULGARIA** Blagoevgrad 2700

Georgi Izmirliev 5 Square

Account name: Bulgarian Taekwon-Do Federation ITF

IBAN: BG36BUIB98881434261200

S.W.I.F.T. - BUIBBGSF

Please confirm Direct Debit payment by Fax or Email to the Organizing Committee.

e-mail: bft\_itf@abv.bg fax: + 35973833480

Post address: Bulgarian Taekwon-Do Federation ITF

**BULGARIA** 

Blagoevgrad 2700

Georgi Izmirliev 5 Square

- If countries submit more than one application form, organizer will apply the LATEST version.

- If countries make any changes on the application form (not the number of the competitors, but a name of an injured competitor, for example) after the deadline 24<sup>h</sup> of July 2015 it will be a penalty of 100 EUR per each change.
- If Any N.G.B. that has not submitted its application form at all up to 5 days before the Championship will have to pay a penalty of 500 EUR.
- If countries make any changes on the application form on or after the weight in, it will be a penalty of 200 EUR per each change.

Accommodation costs (250 EURO per person) should be paid BEFORE or on the deadline of 1st June 2015

Deadline for submitting all application forms is 24th of July 2015.

Deadline for visa application is 1st of July 2015.



## **SCHEDULE**

## Eyres Sunday 23 August 2015

12:00 – 14:00 h. – Lunch

09:00 – 19:00 h. – Arriving of the delegations, registration

(Novotel Plovdiv, "Business hall 1") 19:30 – 21:30 h. – Dinner

#### Monday 24 August 2015

07:00 – 09:00 h. – Breakfast

09:00 – 12:00 h. – Technical Seminar & Umpire Course

(Novotel Plovdiv - "Moscow" hall)

09:00 – 19:00 h. – Arriving of the delegations, registration

(Novotel Plovdiv - "Business hall 1") 09:00 – 19:00 h. – Weigh in

(Novotel Plovdiv, male - "Plovdiv 2" hall, female "Plovdiv 3" hall)

12:00 – 14:00 h. – Lunch

15:00 – 19:00 h. – Technical Seminar & Umpire Course

(Novotel Plovdiv – "Moscow" hall) 19:30 – 21:30 h. – Dinner

#### Tuesday 25 August 2015

07:00 – 09:00 h. – Breakfast

09:00 – 12:00 h. – ITF International Technical Seminar

(Novotel Plovdiv - "Moscow" hall)

09:00 – 19:00 h. – Arriving of the delegations, registration

(Novotel Plovdiv - "Business hall 1") 09:00 – 19:00 h. — Weigh in

(Novotel Plovdiv, male - "Plovdiv 2" hall, female "Plovdiv 3" hall)

12:00 – 14:00 h. – Lunch

15:00 – 19:00 h. – ITF International Instructors Course

(Novotel Plovdiv – "Moscow" hall) 19:30 – 21:30 h. – Dinner 21:30 h. – EB meeting

#### Wednesday 26 August 2015

07:00 – 09:00 h. – Breakfast

09:00 – 12:00 h. – Coach meeting and Draw (Novotel Plovdiv, "Paris" hall)

12:00 – 14:00 h. – Lunch

13:00 – 14:00 h. – Umpire meeting (Novotel Ploydiv, "Paris" hall)

14:00 – 19:30 h. – 25<sup>th</sup> ITF Congress

19:30 – 21:30 h. – Dinner



#### Thursday 27 August 2015

06:00 - 07:30 h. - Breakfast 09:00 - 12:00 h. - Competition 12:00 – 14:00 h. - Lunch

14:00 – 19:00 h. - Competition

19:30 h. Opening ceremony

- Gala-Dinner 21:00 h.

#### Friday 28 August 2015

- Breakfast 06:00 – 07:30 h.

 Awarding ceremony 09:00 – 09:30 h.

09:30 – 12:00 h. Competition

12:00 – 14:00 h. - Lunch

 Awarding ceremony 14:00 – 14:30 h.

14:30 – 20:00 h. Competition 20:00 h. - EB meeting 20:30 h. Dinner

#### Saturday 29 August 2015

06:00 – 07:30 h. - Breakfast

09:00 - 09:30 h. Awarding ceremony

- Competition 09:30 – 12:00 h.

12:00 – 14:00 h. - Lunch

14:00 – 14:30 h. Awarding ceremony

14:30 – 20:00 h. - Competition 20:00 h. - EB meeting 20:30 h. - Dinner

#### Sunday 30 August 2015

06:00 – 07:30 h. - Breakfast

09:00 – 09:30 h. Awarding ceremony

 Competition 09:30 – 12:00 h.

- Lunch 12:00 – 14:00 h.

 Awarding ceremony 14:00 – 14:30 h.

14:30 - 20:00 h. - Competition

20:30 h. - Dinner

- EB meeting 20:00 h. - Party ☺ 23:00 h.

#### Monday 31 August 2015

06:30 - 08:30 h. - Breakfast

Departure





## CONTACTS AND USEFUL INFORMATION

The meeting point for registration and payments:

HOTEL "NOVOTEL PLOVDIV"

Address: Zlatuy Boyadzhiev Str. 2, Plovdiv, Bulgaria

Website: http://icep.bg

Address of the organizer: Blagoevgrad 2700, BULGARIA Georgi Izmirliev Square No. 5 Tel./Fax +35973833480

#### Most important phone numbers

150 - Emergency Medical Aid

166 - Police/Road patrols

175 - weather forecast

180 - exact time ("speaking" clock)

121 - operator for long-distance calls within the country

140 - sending of telegrams

144 - telephone information service for office phone numbers

145 - telephone information service for home numbers

146 - Emergency Road Service

**Currency:** The monetary unit in the Republic of Bulgaria is the lev (BGN), which is equal to 100 stotinki (st.). Since 1997, the country has been governed by a currency board and the value of the lev has been pegged to the Euro, at a fixed rate of 1 EUR – 1.95583 BGN.

You can find current currency information on the site of the Bulgarian National Bank: <a href="https://www.bnb.bq">www.bnb.bq</a>.

Currency can be exchanged in banks or in any of the country's many currency exchange offices. Some of these exchange offices also work on holidays. Euro-cheques can be exchanged in banks.

Credit cards: Most Bulgarian hotels and stores now accept VISA, MasterCard, American Express, and Diners Club credit cards.

#### Weather:

http://weather.sinoptik.bg/locations/europe/bulgaria

**Time difference:** Winter time: GMT + 2 hours( October- March).

Summer time: GMT + 3 hours (April- September)



Language

The offical language in Bulgaria is Bulgarian. *Bulgarian* was the first "Slavic" language attested in writing. As Slavic linguistic unity lasted into late antiquity, in the oldest manuscripts this language was initially referred to as языкь словяньскь, "the Slavic language". In the Middle Bulgarian period this name was gradually replaced by the name языкь бльгарьскь, the "Bulgarian language". In some cases, the name языкь бльгарьскь was used not only with regard to the contemporary Middle Bulgarian language of the copyist but also to the period of Old Bulgarian. A most notable example of anachronism is the Service of St. Cyril, a 13th-century Middle Bulgarian manuscript from northern Macedonia according to which St. Cyril preached with "Bulgarian" books among the Moravian Slavs. The first mention of the language as the "Bulgarian language" instead of the "Slavonic language" comes in the work of the Greek clergy of the Bulgarian Archbishopric of Ohrid in the 11th century, for example in the Greek hagiography of by Theophylact of Ohrid (late 11th century).

#### Alphabet: Cyrillic

In 886 AD, the Bulgarian Empire introduced the Glagolitic alphabet which was devised by the Saints Cyril and Methodius in the 850s. The Glagolitic alphabet was gradually superseded in later centuries by the Cyrillic script, developed around the Preslav Literary School, Bulgaria in the beginning of the 10th century.

<u>Attention:</u> Bulgarians shake their heads from the left to the right to express "YES". However, this stands for "NO" in the rest of the world.

#### Voltage

Attention! All electrical appliances work on ~ 220V.

#### Religion

The Bulgarian Orthodox Church - Bulgarian Patriarchate (Bulgarian: Българска православна църква - Българска патриаршия, Balgarska pravoslavna tsarkva - Balgarska patriarshia) is an autocephalous Eastern Orthodox Church with some 6.5 million members in the Republic of Bulgaria and between 1.5 and 2.0 million members in a number of European countries, the Americas and Australia. The recognition of the autocephalous Bulgarian Patriarchate by the Patriarchate of Constantinople in 927 AD makes the Bulgarian Orthodox Church the oldest autocephalous Slavic Orthodox Church in the world, which was added to the Pentarchy of the original Patriarchates - those of Rome (which became today's Roman Catholic Church after the Schism), Constantinople, Alexandria, Antioch and Jerusalem - and the autocephalous Georgian Catholicosate.

90% of Bulgarian people are Orthodox Christians and celebrate the traditional Christian holidays - Christmas, Easter and the name days of Bulgarians named after Archangels, Saints and Martyrs. About 8% are Muslims and a few are gypsies. As a whole Bulgarian people are very obliging and hospitable.